

I hope to explain the difference of these two amazing healing ministries to the best of my ability.

Sozo is the Greek word for Saved. The goal of Sozo Ministry is focused on the spiritual realm to help people receive salvation, deliverance and healing. Sozo uses tools to help people connect with the Godhead to heal past wounds and break strongholds, replace lies with truth and close spiritual "doors" to the enemy, thus bringing a new freedom to the individual from the *top-down*.

Retracing Sequence Method (RSM) is a Christian NeuroEmotional Therapy that specializes in soul healing and neurological transformation. RSM addresses negative belief system due to unresolved trauma and a range of challenging personal and relational issues that works from the *bottom-up*.

RSM is a more systematic approach to transformation that incorporates Christian principles, evidenced-based neuroscience, quantum theory, and epigenetic elements. RSM allows for the discovery and deletion of old negative paradigms that create mental, emotional, physical, relational, and behavioral dis-ease. Once the toxic belief is dismantled, the ability to create a new positive belief system at the conscience level becomes easy and possible, thus, freeing the person to experience true soul, spirit, body wellbeing and transformation.