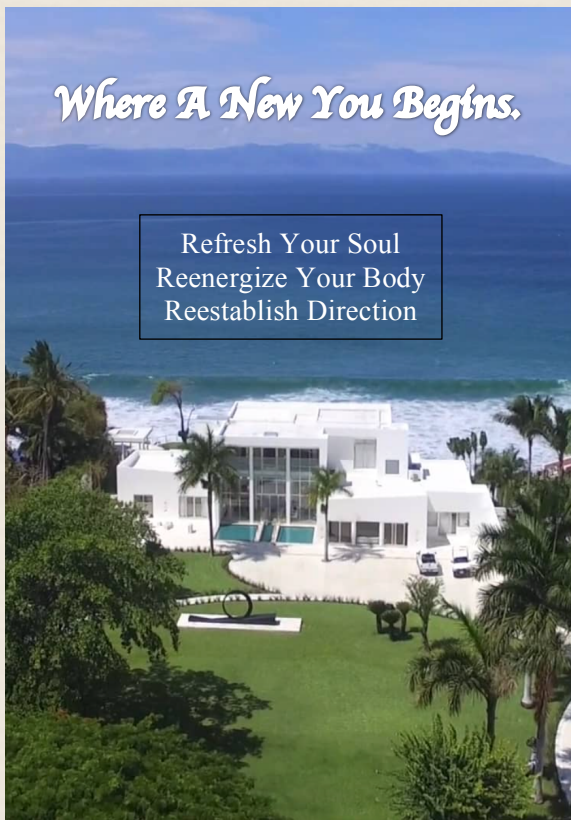




Where A New You Begins.

Refresh Your Soul
Reenergize Your Body
Reestablish Direction



October 17 - 26, 2017

**Casa China Blanca
Punta De Mita, Mexico**



All Inclusive 10-Day Program:

- Scheduled Group Van – Round Trip Transfer To & From Airport/Villa
- Casa China Blanca Lodging – 10 Days/ 9 Nights (Dbl. Occupancy - \$2600 Minimum Value)
- Healthy Gourmet Meals Designed By EBC Nutrition Specialist
- Comprehensive Wellness Program (\$2800 Value)
- Welcome Packet – EBC Binder, Training Materials, EBC Designer Chemise, and Beauty Products (\$500 Value)
- Retracing Sequence Method – Six Sessions (\$900 Value)
- Three Therapeutic Massages & Bio Mat Treatments (\$450 Value)
- All Tips & Gratuity Included
- Private Catamaran Excursion

Excludes:

- All Airfare and Fees

Take advantage of this once in a lifetime experience and the first annual event with the best pricing.

TO REGISTER:

www.rsmsoulspiritbody.com/esthersbootcamp

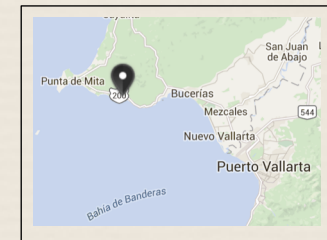
Call: (408) 510-0172

Email: karissastafford.rsm@gmail.com

Karissa Stafford
EBC Event Coordinator



LOCATION



40-minute drive from Puerto Vallarta International Airport

Casa China Blanca
Awarded #1 Luxury Villa In The World by Trip Advisor (2015)



Property Amenities Include:

- Master Suite: King Bed and Private Bath – Dbl. Occupancy
- Infinity pool with wading area: saline and heated
- Onsite water purification system
- Located within a gated community with 24-hour security
- Casa China Blanca's Staff: cooks, maids, gardeners, and pool maintenance
- Daily maid service

www.casachinablanca.com

NIGHTENGAL LLC
333 S. State Street, Suite V-403
Lake Oswego, OR 97034

ESTHER'S BOOT CAMP™

Esther's Boot Camp provides a luxurious getaway designed for Christian women, 35 years old and better, to experience soul, spirit, and body renewal. Be a part of a relaxed exploration that invites you to experience an enhanced life. We offer the get-away your soul craves and a state of wellbeing that uplifts and sparks healthy changes in your life.



The owner of CCB and the founder of Esther's Boot Camp invite you to experience renewal and transformation at Casa China Blanca.

STAFF

Rashelle Wilson, M.A., CMHC ~
emphasis in trauma
RSM™ Founder,
Esther's Boot Camp™ Founder,
Former National Model & Instructor

Janet Graves, Certified
Integrative Nutrition Health Coach &
Consultant

Kila Paschall, B.A., Certified
Fitness Specialist & Trainer

Kristine Cantrell, Licensed
Therapeutic Massage Therapist

Karissa Stafford
Event Planner, EBC Administrator
Certified RSM Practitioner

Esther's Boot Camp offers 8 guests luxurious accommodations, a professional staff to support your renewal getaway, and a comprehensive program through interactive workshops, group educational courses, and personal exploration.

Queen Esther is an example of a godly woman's life "In Motion." She went through a 12-month makeover regime to prepare for her God-given destiny. She was positioned to realize greatness.

A year's makeover regime is not typically possible for today's modern woman, because she is too busy working and taking care of others. Therefore, Esther's Boot Camp is a 10 day concentrated wrap-around-care program with key synergistic elements for mental, emotional, spiritual, and physical transformation. This is your personal invitation and opportunity to get "In Motion" and discover **Where A New You Begins!**

If you're ready to create a more youthful, rested, healthier, and confident you, make your reservation now and reserve your spot to stay where several movies have been made and the famous get away for peace, beauty, fun, and restoration.



Tranquility surrounds you sun-up to sun-down



LIMITED AVAILABILITY:

8 KEY WOMEN (dbl. occupancy) will be joining us. **INVITE A FRIEND!**
We look forward to seeing you there.

An Incredible Package Value:
\$4850 (Double Occupancy)

\$9500 (Single Occupancy)

RESERVE YOUR PLACE TODAY with a \$1000 nonrefundable deposit. Balance due by July 15, 2017.